# Winter weather emergency checklist



# Before a storm:

## Prepare your family

#### ☐ Stock up on emergency supplies

- Non-perishable food and water for at least 3 days for each person
- Flashlight with extra batteries
- Portable chargers for cell phone
- Battery-operated radio
- Extra blankets
- First-aid kit
- Fire extinguisher that has been properly serviced
- Medical supplies, including at least 1 week's worth of prescription medications

# ☐ Make a communication plan. Discuss how you'll communicate and

Discuss how you'll communicate and store cell, work and school numbers on everyone's phones.

- ☐ Pick 2 regrouping locations: An outdoor location on the property for emergencies like fires or gas leaks and a location on your property for when family members are away from home.
- ☐ **Practice your evacuation plan.**Family members should be able to identify basic escape principles and know where the exit points are.
- ☐ Learn first aid, including CPR.

## Prepare your home

#### ☐ Winterize your home

- Insulate walls and attics
- Caulk and weather-strip doors and windows
- Install storm windows or cover windows with plastic
- ☐ Clean chimneys and other heating equipment and have them inspected yearly
- □ Check fuel supplies like oil, propane or wood to make sure you have enough to last through a storm

#### □ Prepare your pipes

- Insulate with insulation, newspaper or plastic
- If a hard freeze is expected, turn faucets on to a slow drip to avoid solid freezing
- ☐ Check smoke and carbon monoxide detectors. In the event of an outage, you'll need these to detect gas or smoke from candles, generators or fireplaces.
- ☐ **Maintain your yard.** Cut off tree limbs that are close to your home.
- □ Keep extra water for an outage. If an outage is expected, fill up your tub and spare containers with water for drinking, cleaning and flushing the toilet in case the water cuts off.

#### Prepare your car

- ☐ **Fill up your gas tank** to prevent freezing and ensure that you have fuel for emergency travel
- ☐ Winterize your vehicle
  - Check antifreeze levels
  - Check battery and ignition system
  - Replace fuel and air filters
  - Check for the level and weight of your oil, as heavier oils congeal more at low temperatures and don't lubricate as well
  - Make sure your windshield wipers are working well
  - Install good winter tires with adequate tread for winter weather. In extreme cases, use chains or snow tires with studs.

#### □ Practice safe driving

- Avoid extreme weather on the road
- Drive slowly and carefully
- Allow extra time to stop
- If your car skids, steer into the steer in the direction that the rear of your vehicle is going
- Do not accelerate too much uphill

#### ☐ Pack an emergency kit in the trunk

- Booster cables in case your battery dies
- Sand or cat litter to place in the snow for traction
- Energy bars for protein
- Warm clothes and blankets
- Extra batteries for your smartphone
- Shovel to dig out snow around your tires
- Flashlight
- □ Have your car serviced by a certified mechanic to make sure it's winter-ready.

# Learn more at:

<u>directenergy.com/en/learn/weather-center/</u> winter-weather-preparation



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# During a storm:

### At home

#### **Know your lingo**

- ☐ Winter weather advisory.

  Significant amounts of precipitation are on their way, but they are not expected to cause substantial hazards in sufficient quantities.
- ☐ Winter storm watch. Severe weather conditions that can jeopardize life, limbs, and property are possible, but not assured, over the ensuing 48 hours.
- ☐ Winter storm warning. A major storm carrying substantial amounts of precipitation is either on its way or already affecting your area. It is serious enough to jeopardize lives or cause considerable property damage.
- □ Prepare for specific conditions
  - Blizzard warning. Heavy wind and snowfall will likely reduce visibility for extended periods.
  - Ice storm warning. A significant amount of ice will accumulate on the ground. Be extra careful on the roads and sidewalks.
  - Freeze watch or warning. It is possible or likely that freezing temperatures will endure for a day or longer.

- ☐ **Stay connected** to the NOAA and National Weather Service for alerts, FEMA, or the American Red Cross for information on finding shelters and first aid.
- □ Bring animals indoors
- □ Keep your phones charged
- ☐ Know the signs of frostbite and hypothermia

#### What if the power goes out?

- ☐ **Report the outage** to your utility company.
- ☐ **Stay warm.** Dress in your coldweather clothes, use blankets and if you can do so safely, use alternate power sources or a backup generator in a well-ventilated area.
- ☐ **If your pipes freeze**, try to warm them with hot water and rags or a hair dryer. Do not use a torch.
- □ Avoid downed power lines and call your local utility to report any in your area. Preserve the food in your refrigerator and freezer by moving it to a cooler area like the basement.
- ☐ **Monitor the radio** for emergency information and updates.

### In your car

- ☐ **Be responsible.** Travel at a cautious speed and keep your gas tank at least half-full to prevent freezing.
- ☐ **Try to stay on main roads** and avoid back road shortcuts.
- ☐ **Use sand or cat litter** to melt ice or gain more traction if you get stuck.
- ☐ Clear snow from the top of your car, headlights and windows. Do not pour water on windows to get rid of snow or ice.
- ☐ **Keep emergency contacts** like your car insurance and emergency towing services handy.
- ☐ Stay in your vehicle if you are driving when the storm hits unless you are sure you can reach a shelter on foot.
- ☐ You can run your car periodically to stay warm, but don't keep the engine on too long.

# After a storm:

- ☐ Stay away from power lines and avoid driving on roads with fallen debris.
- ☐ **Be cautious of ice** that remains on roads and sidewalks.
- ☐ **Throw out any food** that may have spoiled during a power outage.
- ☐ Shovel the walkways and use sand to improve traction once it's safe to go outside.
- □ Evaluate the condition of your house, keeping an eye out for storm damage, leaks and other issues.
- Check on friends and neighbors, especially those who are elderly, disabled or live alone.
- ☐ **Report any damage** to your local utility and other services.
- ☐ Stay alert for flooding potential once the snow and ice start to melt.
- □ Restock your emergency kit so you're prepared for any other emergencies.

## Learn more at:

<u>directenergy.com/en/learn/weather-center/winter-weather-preparation</u>

